Purpose:

The following guidelines have been developed to assist coaches and Games Organizing Committee members in making decisions regarding both cold and hot weather to ensure the safety of athletes, coaches and volunteers.

Cold Weather

If temperature with the wind chill is lower than –25 degrees, outside activity is not recommended. The following steps must be taken in such circumstances where the activity is deemed necessary, to minimize the effects of cold weather:

Program situation – the outside activity should be cancelled and modifications made to train indoors. This decision is the responsibility of the Head Coach.

Games situation – pertaining to situations, particularly selection years for provincial teams, all possible precautions shall be taken, but should not be limited to, the following:

- Marshalling should occur indoors/heated tents
- Non-essential outdoor activities should be cancelled
- Adequate time between events should be taken to allow athletes, coaches and volunteers to warm-up

These precautions will be the responsibility of the Games Organizing Committee in conjunction with the Director of Competitions and Officials Development.

Hot Weather

If temperature exceeds +30 degrees, outside activity is not recommended. The following steps must be taken in such circumstances where the activity is deemed necessary, to minimize the effects of the heat.

Program situation – the outside activity should be cancelled and modifications made to train indoors. This decision is the responsibility of the Head Coach.

Games situation – pertaining to situations, particularly selection years for provincial teams, all possible precautions shall be taken, but should not be limited to, the following:

- Shaded or indoor areas must be provided
- Marshalling shall occur under tents/shaded areas
- Non-essential outdoor activities should be cancelled
- Water will be provided to ensure adequate consumption

These precautions will be the responsibility of the Games Organizing Committee in conjunction with the Director of Competitions and Officials Development.

Weather information can be accessed by calling 784-9000, code 6990 in Winnipeg or www.theweathernetwork.com.