

## AUSTIN TRACK TEAM HEADS SOUTH

We left on Wednesday, June 18 2008 from Austin, Mb. We were heading to Minneapolis for a track meet. We made it to St. Cloud the first day. We practised for Special O. That night we stayed at Motel 6. Thursday morning we had to be up at 7:00am and pack our things and we went for breakfast at Perkins. After breakfast we headed to a different Motel 6 that was located in Minneapolis. We then drove around to find the University where the track meet was held. We walked to the track to get used to the area before we competed. It was a very big track with 10 lanes. After seeing what the track was like we went for supper.

After supper we went to the grand opening ceremonies. We all went there wearing our Canadian hats and we were proud to be the only Canadians there. We were the first ones to go into the venue and were walked in with George and his wife while holding our banner up high as they announced where we were from. After the opening ceremonies we went back to the hotel where we all relaxed and went to bed.

Eventually Friday morning came and we were up at 6:00am so we could be at the track for 8:30. The women did the running events and the men did field events. The relay was also done and we placed 8<sup>th</sup>. We were all exhausted by the end of the day but it wasn't over yet. We went back to the hotel to freshen up and get ready for supper and the dance that was held in the University. After the dance our feet were sore so we went to the hotel to sleep it off.

Saturday morning came and the men did the running events and the women did the field events. We won a total of 4 medals and had 3 personal bests. There were 1600 people in attendance to watch the athletes. There also was a games area where prizes could be won which included t-shirts, water bottles, books, key rings and coasters.

After the track events we went back to the hotel to get ready for the Mall of America. We all enjoyed it there and would love to go back. We ate at the food court and watched a movie after. We then headed back to the hotel to get another night's rest.

Sunday came around and we packed all our things, and then went to the zoo for the day. After the day at the zoo we headed to Grand Forks for the night. On Monday we all went shopping and got what we all had to get. We then were on our way to Devils Lake where we stayed for the night. When Thursday came, we went to the Peace Gardens and then we headed home.

We all had great experiences and we wouldn't change it for the world. We'd like to thank Donna & Nancy for a lot of fun and taking us.

Scott Beggs  
Marshall James  
Terry Lynn Wiebe  
Lori Buchannan

