

Program Guidelines

1. Cold Weather Guidelines
 - temperature and wind chill: -25 degrees

2. Safety
 - a) atlantoaxial dislocation
 - b) first aid kits
 - c) accessible phone
 - d) fire exits and procedures
 - e) travel – medication

3. Administration
 - a) incident reports
 - b) registration forms
 - c) receipts

4. Athlete/Coach ratio
 - a) summer sports – 4:1
 - b) winter sports – 3:1
 - c) 5-pin bowling – 5:1

5. Athlete pick up and drop off