

WINNIPEG REGION PROGRAM GUIDE 2023-2024

REGISTRATION FEE: \$25.00 Updated September 13th, 2023

SPORT CLUBS

Active Start Club

(2-6-year-olds): An Introduction to Special Olympics. Motor skill development through play.

Springers

Sunday 8:30 - 9:30 AM Gymkids 421 Beaverhill Blvd, Winnipeg, MB R2J 4G1

Active Start

Wednesday 5:30 - 6:30pm Sport For Life Leisure Centre Flex Space 145 Pacific Avenue, Winnipeg, MB

South Winnipeg Active Start

Monday 5:00 - 6:00pm YMCA - South Winnipeg 5 Fermor Ave, Winnipeg, MB R2M 0Y1

FUNdamentals Club

(7–12-year-olds): Clubs that focus on multiple sports and introduce the athletes to competition.

Transcona FUNdamentals additional cost of \$20.00

Tuesday 6:00 - 7:00pm Radisson School 1105 Winona St, Winnipeg, MB R2C 2P9

Multi-Sport Clubs

Clubs that train in multiple sports and compete in several competitions per year. Please see individual clubs for competitive sports.

EK Eagles Adult Program (18+): additional cost of \$10.00

Track and Field and Snowshoe Thursday 7:00 - 8:30pm Munroe Junior High

Sports Clubs

10 Pin Bowling

LaVerendrye 10 Pin Weekly Lane Fees

Saturday 9:30am - 12:00pm Laverendrye Bowling Lanes 614 Des Meurons St, Winnipeg, MB R2H 2P9

5 Pin Bowling

Coronation Comets Weekly Lane Fees

Saturday 12:30 - 2:30pm Coronation Bowling Centre 255 Tache Ave, Winnipeg, MB R2H 1Z8

Bowling Stones Weekly Lane Fees

Wednesday 6:30pm - 8:00pm Mosienko Lanes 1136 Main Street

Polo Park Pins Weekly Lane Fees

Saturday 12:00pm - 2:30pm Polo Park Lanes 157-C Polo Park Shopping Centre

Thunder Rollers Weekly Lane Fees

Saturday 10:00am - 12:00pm Mosienko Lanes 1136 Main St, Winnipeg, MB R2W 3S3

Uptown Rollers Weekly Lane Fees

Saturday 10:00am - 12:00pm Uptown Lanes 1301 St Matthews Ave, Winnipeg, MB R3G 1E3

Academy West Acers Weekly Lane Fees

Saturday 10:00am - 12:00pm Academy West Lanes

Mosienko All Stars Weekly Lane Fees

Sunday 10:30am - 12:00pm Mosienko Lanes 1136 Main St, Winnipeg, MB R2W 3S3

Powerlifting

Bar-Benders Powerlifting

Saturday 9:00am - 10:30am Prairie Badminton 275 De Baets St Unit 2, Winnipeg, MB R2J 4A8

Rhythmic Gymnastics

Streamers

Wednesday 6:30 - 8:00pm Stevenson Brittania School 1777 Silver Ave, Winnipeg, MB R3J 1B1

Kildonan Streamers

Tuesday 7:00 - 8:30pm Chief Peguis Junior High 1400 Rothesay St, Winnipeg, MB R2G 1V2

Speed Skating

Sargent Park Racers Speed Skating Additional cost of \$75.00

Sunday 3:45 pm – 4:45 pm Sargent Park Arena 1111 Wall St, Winnipeg, MB R3E 2S1

Alpine Ski

Team Edge Additional Cost of \$50.00

Wednesday 7:00pm - 8:30pm NK Community Centre (Oct 10 - Dec 20) Spring Hill North Kildonan Community Centre 1144 Kingsford PI, Winnipeg, MB R2G 0K4

Snowshoe

Blizzard Snowshoe

Saturday 9:30am - 11:00am Kildonan park 2015 Main St

Swimming

Dolphins Additional Cost of \$50.00

Monday 7:15 - 8:15pm TCP 1101 Wabasha St, Winnipeg, MB R2C 0P3

EK Sharks Additional Cost of \$50.00

Tuesday 7:30 - 9:00pm EK Y Pool 454 Kimberly Ave, Winnipeg, MB R2K 0X8

Master Swim Otters Additional Cost of \$50.00

Monday & Wednesday 8:00pm-9:00pm Pan Am Pool 25 Poseidon Bay, Winnipeg, MB R3M 3E4

Polar Bears Additional Cost of \$50.00

Wednesday 7:00 - 8:30pm Cindy Klassen Recreation Complex 999 Sargent Ave, Winnipeg, MB R3E 3K6

North End Seals Additional Cost of \$50.00

Thursday 6:30pm - 8:00pm Sergent Tommy Prince Pool Place 90 Sinclair St, Winnipeg, MB R2X 3C7

Stingrays Additional Cost of \$50.00

Thursday 8:00pm - 9:00pm

Sergent Tommy Prince Pool Place 90 Sinclair St, Winnipeg, MB R2X 3C7

Athletics

Track Fundamentals Cost of \$25.00 - Open to athletes aged 6 to 10

Sunday 10:30am - 11:30am Max Bell Centre 109 Sidney Smith St, Winnipeg, MB R3T 2M6

Bulldogs Additional Cost of \$35.00

Monday& Wednesday 7:00pm - 9:00pm Max Bell Centre 109 Sidney Smith St, Winnipeg, MB R3T 2M6

Navvies Additional Cost of \$35.00

Tuesday and Thursday: 7:30pm - 9:00pm Sunday: 10:00am - 11:30am Max Bell Centre 109 Sidney Smith St, Winnipeg, MB R3T 2M6

Titans Additional Cost of \$25.00

Sunday 10:00am - 11:30am Max Bell Centre 109 Sidney Smith St, Winnipeg, MB R3T 2M6

Basketball

<u>D'Bears Additional Cost of \$10.00</u>

Tuesday 7:00pm - 9:00pm St. Paul's High School 2200 Grant Ave, Winnipeg, MB R3P 0P8

Razorbacks Additional Cost of \$10.00

Wednesday 6:30 - 8:30pm Ecole Leila North 20 Allan Blye Dr, Winnipeg, MB R2P 2S5

Curling

Rock Solid Additional Cost of \$25.00

Sunday 2:00pm - 4:00pm

Fort Garry Curling Club 696 Archibald St, Winnipeg, MB R2J 0Y4

Hack Attack Additional Cost of \$25.00

Sunday 12:00pm - 2:00pm Charleswood Curling Club 4000 Grant Ave, Winnipeg, MB R3R 0L1

Floor Hockey

Blue Devils Additional Cost of \$10.00

Thursday 6:30 - 8:30pm Golden Gate Middle School 330 Bruce Ave, Winnipeg, MB R3J 0V8

Wise Guys Additional Cost of \$10.00

Tuesday 7:00pm - 8:30pm