

2023 Special Olympics Manitoba Winter Games Presented by The Kinsmen Club of Winnipeg

Nordic Ski

<u>Race Order:</u>

*Please note all times are tentative and subject to change.

8:30 A.M. – 9:00 A.M. – Head Coaches Meeting/Warm Up **Robinson-Wolinsky Hall**

9:40 A.M. - 500m

10:00 A.M. – 10 Kilometer & 7.5 Kilometer

10:45 A.M. – 2.5 Kilometer

12:00 – 1:30 P.M. - Lunch Break & Morning Awards

1:40 P.M. – 1.0 Kilometer

2:00 P.M. – 5.0 Kilometer