



Central Region Program Guide

Program Year: 2019 - 2020

ACTIVE START CLUB

(2 - 6 year olds): An introduction to Special Olympics. Motor skill development through play.

Portage la Prairie Active Start

When: Tuesdays, 5:15 – 6:00 pm

Where: Central Plains Rec Plex 75 Centenaire Dr, Southport

Contact: Deanna Talbot 204-857-5836

FUNDamentals CLUB

(7 - 12 year olds): Clubs that focus on multiple sports and introduce the athletes to competition.

Morden FUNDamentals

When: Wednesdays, 6:00 - 7:00 pm

Where: Minnewasta School 1 Academy Rd, Morden

Contact: Courtney Yeo 204-806-4457

MULTI-SPORT CLUBS

Clubs that train in multiple sports and compete in several competitions per year. Please see individual clubs for competitive sports.

All Ages

Altona Panthers *Snowshoe, Track & Field*

When: Mondays: 6:45 – 8:00pm

Where: West Park School 83 3rd St NW, Altona

Contact: Shania Ginter 204-332-1457



Portage Stampeders *Snowshoe, Track & Field, Basketball*

When: Tuesdays: 7:00 – 8:00pm
Where: Ecole Arthur Meighen School 201 River Rd, Portage la Prairie
Contact: Cathy Holmes 204-871-2301

Adult (18+)

Winkler Wizzards *Snowshoe, Track & Field, Basketball, Bocce*

When: Mondays: 6:30 – 9:00pm
Where: Winkler Elementary School 284 8th Street, Winkler
Contact: Sharon Dueck 204-325-9091

SPORT CLUBS

10 Pin

Valley Rollers

When: Wednesdays: 4:30 – 6:00pm
Where: TBD
Contact: Chris Sumner 204-324-0080
 Lissa Thompson 204-822-8532

** Club is presently FULL! Please contact the coaches to be put on the wait list for a spot once one becomes available.**

Floor Hockey

Portage Cougars Floor Hockey

When: Tuesdays: 6:00 – 7:00pm
Where: MDC 840 3rd St NE, Portage la Prairie
Contact: specialo.central@gmail.com

Rhythmic Gymnastics

Winkler Wizzards Rhythmic Gymnastics

When: Wednesdays
Where: Winkler Elementary School 284 8th Street, Winkler
Contact: Michelle Goertzen 204-362-9029



Golf (Summer Only)

Portage Thunderclubs

When: Mondays

Where: Southport Golf Course

Contact: Norm McKay Jr

106 Hangar 2, Southport

204-872-0691

Winkler Whackers

When: Thursdays, 6:30 to dusk

Where: Winkler Golf Course

Contact: Pete Klassen

400 15th St, Winkler

204-325-7327