



Last updated Oct. 21, 2020

## Central Region Program Guide

### Program Year: 2020 - 2021

**Regional Registration Coordinator:**

Sabrina Klassen      204-362-4285      [specialo.central@gmail.com](mailto:specialo.central@gmail.com)

*\*If there is no note under the program, the program is able to run in 2020 - 21*

Program will be delayed starting up

Facility not available at present

Program currently not running. Check out our Alternate Program Options at the bottom of the guide.

### **ACTIVE START CLUB**

(2 - 6 year olds): An introduction to Special Olympics. Motor skill development through play.

#### **Portage la Prairie Active Start**

**When:** Tuesdays, 5:15 – 6:00 pm

**Where:** Central Plains Rec Plex      75 Centenaire Dr, Southport

**Contact:** Deanna Talbot      204-857-5836

### **FUNDamentals CLUB**

(7 - 12 year olds): Clubs that focus on multiple sports and introduce the athletes to competition.

#### **Morden FUNDamentals**

**When:** Wednesdays, 6:00 - 7:00 pm

**Where:** Minnewasta School      1 Academy Rd, Morden

**Contact:** Courtney Yeo      204-806-4457

## MULTI-SPORT CLUBS

Clubs that train in multiple sports and compete in several competitions per year. Please see individual clubs for competitive sports.

### All Ages

#### **Altona Panthers**      *Snowshoe, Track & Field*

**When:** Mondays: 6:45 – 8:00pm

**Where:** West Park School                      83 3rd St NW, Altona

**Contact:** Shania Ginter                      204-332-1457

#### **Portage Stampeders**      *Snowshoe, Track & Field, Basketball*

**When:** Tuesdays: 7:00 – 8:00pm

**Where:** Ecole Arthur Meighen School    201 River Rd, Portage la Prairie

**Contact:** Cathy Holmes                      204-871-2301

## SPORT CLUBS

### 10 Pin

#### **Valley Rollers**

**When:** Wednesdays: 4:30 – 6:00pm

**Where:** TBD

**Contact:** Chris Sumner                      204-324-0080

Lissa Thompson                      204-822-8532

*\* Club is presently FULL! Please contact the coaches to be put on the wait list for a spot once one becomes available.\**

### Basketball

#### **Winkler Wizzards**      *Adults 18+*

**When:** Mondays, 6:30 – 9:00pm

**Where:** TBD

**Contact:** Ryan Wieler                      204-599-0465



## Floor Hockey

### **Portage Cougars Floor Hockey**

**When:** Tuesdays: 6:00 – 7:00pm  
**Where:** MDC 840 3rd St NE, Portage la Prairie  
**Contact:** [specia1o.central@gmail.com](mailto:specia1o.central@gmail.com)

## Rhythmic Gymnastics

### **Winkler Wizzards Rhythmic Gymnastics**

**When:** Wednesdays  
**Where:** Winkler Elementary School 284 8th Street, Winkler  
**Contact:** Michelle Goertzen 204-362-9029

## Snowshoe

### **Winkler Wizzards Adults 18+**

**When:** Mondays, 6:30 – 9:00pm  
**Where:** TBD  
**Contact:** Sabrina Klassen 204-362-4285

## Track & Field

### **Winkler Wizzards Adults 18+**

**When:** Mondays, 6:30 – 9:00pm  
**Where:** TBD  
**Contact:** Sabrina Klassen 204-362-4285

## Golf (Summer Only)

### **Portage Thunderclubs**

*\*Plan on running May to September 2021,  
please feel free to register now*

**When:** Mondays  
**Where:** Southport Golf Course 106 Hangar 2, Southport  
**Contact:** Norm McKay Jr 204-872-0691

### **Winkler Whackers**

**When:** Thursdays, 6:30 to dusk  
**Where:** Winkler Golf Course 400 15th St, Winkler  
**Contact:** Pete Klassen 204-325-7327

## Bocce (Summer Only)

### **Winkler Wizzards**

**When:** Mondays, 6:30 – 9:00pm  
**Where:** Winkler Elementary School 284 8th St, Winkler  
**Contact:** Marilyn Reimer 204-362-8868



## ALTERNATE PROGRAM OPTIONS

### New Program Offerings

#### Walking Club

**When:** Mondays, 6:30-7:30 pm  
**Where:** The Nature Pond Altona  
**Contact:** Shania Ginter 204-332-1457

### SOM Virtual Meet Up

Details TBD

### Athlete Leadership Program

*Special Olympics Canada provides Athlete Leadership Programs, which equip athletes with the tools to undertake positions of leadership within their community and the broader movement.*

*This allows athletes to explore opportunities beyond sports training and competition. These leadership roles can include public speaking, being an athlete health advocate, being a part of an Athlete Input Council, being a Peer Mentor and taking on positions as Board and Committee Members.*

*\*Course order & date may change based on facilitator availability.*

*\*\* There will be a fee to register for each course.*

#### 5-Course Series

Starts on October 6, 2020	Health Messenger (8 x 1.5-hour weekly sessions)	Virtual
Saturday, December 12, 2020	Athletes on Input Councils & Committees	Virtual
Saturday, February 13, 2021	Peer Mentor	Virtual
Saturday, April 17, 2021	Media & Athlete Reporter	Virtual as of now; will reassess in Spring
Saturday, June 5, 2021	Athlete Speaker 1	Virtual as of now; will reassess in Spring

Contact Lesley Camaso-Catalan at 204-925-5625 or by email at [lcamaso@specialolympics.mb.ca](mailto:lcamaso@specialolympics.mb.ca)