



Eastman Region Program Guide

Program Year: 2019 - 2020

FUNDamentals CLUB

(7 - 12 year olds): Clubs that focus on multiple sports and introduce the athletes to competition.

Eastman FUNdamentals

When: Sundays, 3:00 - 4:00 pm

Where: Cooks Creek Community Centre Zora Rd 68N, Oakbank

Contact: Janice Howe 204-612-7365

SPORT CLUBS

5-Pin

Steinbach Flames 5 Pin Bowling

When: Saturdays, 1:00 – 3:30pm

Where: Deluxe Bowling Alley 41 Brandt Street, Steinbach

Contact: Chuck Hudson 204-326-4378

** Club is presently FULL! Please contact the coach to be put on the wait list for a spot once one becomes available.**

Rhythmic Gymnastics

Eastman Rhythmic Gymnastics

When: Saturdays, 4:00 - 5:00pm

Where: Flippers 34062 Rd 33E, Steinbach

Contact: Amanda Pierson 204-998-7314

Snowshoe

Steinbach Flames Snowshoe Club

When: Tuesday, 4:00 – 5:30pm

Where: Steinbach Regional Secondary School 190 McKenzie Road, Steinbach

Contact: Merle Gadsby 204-326-6753



Swim (additional \$25 user fee)

Eastman Blue Whales 1

When: Wednesdays, 7:15 – 8:00pm

Where: Steinbach Aquatic Centre

Contact: Kristen Cook

330 Park Road East, Steinbach

204-371-6021

Eastman Blue Whales 2

When: Wednesdays, 8:00 – 8:45pm

Where: Steinbach Aquatic Centre

Contact: Kristen Cook

330 Park Road East, Steinbach

204-371-6021

Track & Field

Steinbach Flames Track & Field

When: Tuesdays, 4:00 – 5:30pm

Steinbach Regional Secondary

Where: School

Contact: Merle Gadsby

190 McKenzie Road, Steinbach

204-326-6753

Golf (Summer Only)

Steinbach Flames Golf

When: Tuesday 4:00 - 5:30pm

Where: Steinbach Fly-In Golf Course

Contact: Merle Gadsby

350 Park Rd E, Steinbach

204-326-6753