



Last updated Oct. 21, 2020

## Eastman Region Program Guide

### Program Year: 2020 - 2021

#### Regional Registration Coordinator:

Catherine Wiebe

204-999-5564

[catwiebe@gmail.com](mailto:catwiebe@gmail.com)

*\*If there is no note under the program, the program is able to run in 2020 - 21*

Program will be delayed starting up

Facility not available at present

Program currently not running. Check out our Alternate Program Options at the bottom of the guide.

### FUNDamentals CLUB

(7 - 12 year olds): Clubs that focus on multiple sports and introduce the athletes to competition.

#### Eastman FUNDamentals

**When:** Sundays, 3:00 - 4:00 pm

**Where:** Cooks Creek Community Centre Zora Rd 68N, Oakbank

**Contact:** Janice Howe 204-612-7365

### SPORT CLUBS

#### 5-Pin

##### Steinbach Flames 5 Pin Bowling

**When:** Saturdays, 1:00 – 3:30pm

**Where:** Deluxe Bowling Alley 41 Brandt Street, Steinbach

**Contact:** Chuck Hudson 204-326-4378

*Plan to start in January 2021*

#### Rhythmic Gymnastics

##### Eastman Rhythmic Gymnastics

**When:** Saturdays, 4:00 - 5:00pm

**Where:** Flippers 34062 Rd 33E, Steinbach

**Contact:** TBD

Seeking new coach



## **Snowshoe**

### **Steinbach Flames Snowshoe Club**

**When:** Tuesday, 4:00 – 5:30pm  
**Where:** Steinbach Regional Secondary School 190 McKenzie Road, Steinbach  
**Contact:** Merle Gadsby 204-326-6753

## **Swim (additional \$25 user fee)**

### **Eastman Blue Whales 1**

**When:** Wednesdays, 7:15 – 8:00pm  
**Where:** Steinbach Aquatic Centre 330 Park Road East, Steinbach  
**Contact:** Kristen Cook 204-371-6021

*Plan to start in January 2021*

### **Eastman Blue Whales 2**

**When:** Wednesdays, 8:00 – 8:45pm  
**Where:** Steinbach Aquatic Centre 330 Park Road East, Steinbach  
**Contact:** Kristen Cook 204-371-6021

*Plan to start in January 2021*

## **Track & Field**

### **Steinbach Flames Track & Field**

**When:** Tuesdays, 4:00 – 5:30pm  
**Where:** Steinbach Regional Secondary School 190 McKenzie Road, Steinbach  
**Contact:** Merle Gadsby 204-326-6753

*Plan to start in January 2021*

## **Golf (Summer Only)**

*Plan to run May - September 2021, will reassess in Spring*

### **Steinbach Flames Golf**

**When:** Tuesday 4:00 - 5:30pm  
**Where:** Steinbach Fly-In Golf Course 350 Park Rd E, Steinbach  
**Contact:** Merle Gadsby 204-326-6753



## ALTERNATE PROGRAM OPTIONS

### New Program Offerings

#### Walking Club

Details TBD

#### **SOM Virtual Meet Up**

Details TBD

### Athlete Leadership Program

*Special Olympics Canada provides Athlete Leadership Programs, which equip athletes with the tools to undertake positions of leadership within their community and the broader movement. This allows athletes to explore opportunities beyond sports training and competition. These leadership roles can include public speaking, being an athlete health advocate, being a part of an Athlete Input Council, being a Peer Mentor and taking on positions as Board and Committee Members.*

*\*Course order & date may change based on facilitator availability.*

*\*\* There will be a fee to register for each course.*

#### **5-Course Series**

Starts on October 6, 2020	Health Messenger (8 x 1.5-hour weekly sessions)	Virtual
Saturday, December 12, 2020	Athletes on Input Councils & Committees	Virtual
Saturday, February 13, 2021	Peer Mentor	Virtual
Saturday, April 17, 2021	Media & Athlete Reporter	Virtual as of now; will reassess in Spring
Saturday, June 5, 2021	Athlete Speaker 1	Virtual as of now; will reassess in Spring

Contact Lesley Camaso-Catalan at 204-925-5625 or by email at

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