



Last updated Oct. 21, 2020

## Norman Region Program Guide Program Year: 2020 - 2021

### Regional Registration Coordinator:

Melissa Branconnier 204-679-8331 [melissa.branconnier@gov.mb.ca](mailto:melissa.branconnier@gov.mb.ca)

*\*If there is no note under the program, the program is able to run in 2020 - 21*

Program will be delayed starting up

Facility not available at present

Program currently not running. Check out our Alternate Program Options at the bottom of the guide.

### SPORT CLUBS

#### 5 Pin (ages 18+)

##### **Thompson Stars**

**When:** Wednesdays: 6:00 – 9:00pm

**Where:** N.C. Cross Roads North Centre Mall, Thompson

**Contact:** Sherrie Benner 204-677-4227

#### Alpine Ski

##### **Thompson Alpine Ski**

**When:** Saturdays AM

**Where:** Mystery Mountain Winter Park Gillam Rd – PR 280, Thompson

**Contact:** Scott Luxton 204-778-4099

#### Track & Field (Summer Only)

##### **Thompson Track Club**

**When:** TBD

**Where:** TBD Thompson

**Contact:** Agnes Szabo 204-778-7811

## ALTERNATE PROGRAM OPTIONS

### New Program Offerings

#### Walking Club

Friday Mornings - Details TBD

### SOM Virtual Meet Up

Details TBD

### Athlete Leadership Program

*Special Olympics Canada provides Athlete Leadership Programs, which equip athletes with the tools to undertake positions of leadership within their community and the broader movement. This allows athletes to explore opportunities beyond sports training and competition. These leadership roles can include public speaking, being an athlete health advocate, being a part of an Athlete Input Council, being a Peer Mentor and taking on positions as Board and Committee Members.*

*\*Course order & date may change based on facilitator availability.*

*\*\* There will be a fee to register for each course.*

#### 5-Course Series

Starts on October 6, 2020	Health Messenger (8 x 1.5-hour weekly sessions)	Virtual
Saturday, December 12, 2020	Athletes on Input Councils & Committees	Virtual
Saturday, February 13, 2021	Peer Mentor	Virtual
Saturday, April 17, 2021	Media & Athlete Reporter	Virtual as of now; will reassess in Spring
Saturday, June 5, 2021	Athlete Speaker 1	Virtual as of now; will reassess in Spring

Contact Lesley Camaso-Catalan at 204-925-5625 or by email at

[lcamaso@specialolympics.mb.ca](mailto:lcamaso@specialolympics.mb.ca)