



Winnipeg Region Program Guide

Program Year: 2019 - 2020

For more information on a specific program, please contact the Provincial Office by phone at 204-925-5628 or by email at som@specialolympics.mb.ca.

ACTIVE START CLUB

(2 - 6 year olds): An introduction to Special Olympics. Motor skill development through play.

Springers Active Start

When: Sundays, 8:30 – 9:30 am

Where: GymKids Gymnastics Club 421 Beaverhill Blvd

Greenway Active Start

When: Wednesdays, 6:00 – 7:00 pm

Where: Greenway School 390 Burnell Street

FUNDamentals CLUB

(7 - 12 year olds): Clubs that focus on multiple sports and introduce the athletes to competition.

Winnipeg FUNDamentals

When: Wednesdays, 7:00 – 8:00 pm

Where: Marie-Anne Gaboury School 95 Pulberry Street

Transcona FUNDamentals

When: Tuesdays, 6:30 – 7:30 pm

Where: Radisson School 1105 Winona School



MULTI-SPORT CLUBS

Clubs that train in multiple sports and compete in several competitions per year. Please see individual clubs for competitive sports.

YOUTH: 7-12 Years Old (additional \$10 fee)

EK Rascals *Snowshoe, Track & Field*

When: Wednesdays, 7:00 – 8:30 pm
Chief Peguis Junior High

Where: School 1400 Rothesay Street

Spiders *Basketball, Soccer, Track & Field, Snowshoe, Bowling*

When: Mondays, 7:00 – 8:30 pm

Where: Marie-Anne Gaboury School 95 Pulberry Street

Club is presently full!

ADOLESCENT: 13-21 Years Old (additional \$10 fee)

St. Vital Superstars *Track & Field, Basketball*

When: Thursdays, 7:00 – 8:30 pm

Where: Lavallee School 505 St. Anne's Road

ADULT: 18+ (additional \$10 fee)

EK Eagles *Track & Field, Snowshoe*

When: Thursdays, 7:00 – 8:30 pm

Where: Munroe Junior High School 405 Munroe Avenue

St. Vital Olympians *Track & Field, Basketball*

When: Mondays, 7:00 – 8:30 pm

Where: Glenwood School 51 Blenheim Ave

Secondary Location: Windsor School, 80 Cunnington Ave

SPORT CLUBS

10 Pin (weekly lane fees)

Laverendrye Lanes

When: Saturdays, 9:30 am – 12:00 pm

Where: Laverendrye Bowling Lanes 614 des Meurons Street



5 Pin

(weekly lane fees)

Coronation Comets

When: Saturdays, 12:30 – 2:30 pm
Where: Coronation Bowling Centre 255 Tache Avenue

Bowling Stones

When: Wednesdays, 6:30 - 8:00 pm
Where: Dakota Bowling 1085 St. Mary's Rd

Polo Park Pins

When: Saturdays, 12:00 – 2:30 pm
Where: Polo Park Lanes 157-C Polo Park Shopping Centre

Mosienko North Stars

When: Wednesdays 7:00 – 9:30 pm
Where: Billy Mosienko Lanes 1136 Main Street

Thunder Rollers

When: Saturdays, 12:00 – 2:00 pm
Where: Billy Mosienko Lanes 1136 Main Street

Uptown Rollers

When: Saturdays 10:00 am – 12:00 pm
Where: Uptown Alley 1301 St. Matthews Ave

Academy West "Acers"

When: Saturdays, 10:00am – 12:00pm
Where: Academy West Lanes 479 Westwood Dr

Mosienko All Stars

When: Sundays, 10:30am – 12:00 pm
Where: Billy Mosienko Lanes 1136 Main Street



Powerlifting

Winnipeg Bar-Benders Powerlifting Club

When: Saturdays, 10:30 am - 12:00 pm

Where: Highlight Reel Performance Unit 2 - 275 de Baets St

Rhythmic Gymnastics

Sizzlers

When: Sundays, 2:00 - 3:00 pm

Where: Ecole Sage Creek School 315 Sage Creek Blvd

Streamers

When: Wednesdays, 6:30 – 8:00 pm

Where: Stevenson-Britannia School 1777 Silver Avenue

Kildonan Streamers

When: Tuesdays, 7:00 – 8:30 pm

Where: Chief Peguis Junior High School 1400 Rothesay Street

Speed Skating

(additional \$75 fee)

Sargent Park Racers

Ice Program (September/October - March)

When: Sundays, 3:00 – 5:00 pm

Where: Sargent Park Arena 1111 Wall Street

Dry Land Training (September/October - March)

When: Thursdays, 7:00 – 8:30 pm

Where: Prince Edward School 649 Brazier Street

Summer Training (May - September)

When: Sundays, 1:00 – 3:00 pm & Thursdays, 7:00-8:30 pm

Where: River East Collegiate 295 Sutton Avenue

****Must be interested in skating and own a pair of skates.****



Alpine Ski

(additional \$50 fee)

Team Edge

October - December

When: Wednesdays, 7:00 – 8:30 pm

Where: John Pritchard School 1490 Henderson Hwy

January - End of Season

When: Wednesdays, 7:00 – 8:30 pm

Where: Springhill Winter Park Highway 59 & Floodway

Cross Country Ski

(additional \$20 fee)

Trailblazers

When: Mondays, 6:30pm – 8:00pm & Saturdays, 1:00pm – 2:30pm

Where: Windsor Park Nordic Centre 10 Rue Des Meurons

Snowshoe

Blizzard

When: Saturdays, 9:30 – 11:00 am

Where: Kildonan Park Pavilion 2015 Main Street

Assiniboine Snowshoe

When: Saturdays, 10:00 - 11:30 am

Where: Assiniboine Park Duck Pond

Swim

(additional \$50 fee)

For safety reasons, athletes must be able to swim 25 metres consistently. Club will teach proper competitive swim techniques.

Dolphins

When: Mondays, 7:00 – 8:00 pm

Where: Transcona Pool 1101 Wabasha St

EK Sharks

When: Mondays, 6:30 – 8:00 pm

Where: EK YM-YWCA Pool 454 Kimberley Avenue



Master Swim Otters

When: Mondays & Wednesdays, 8:00 – 9:00 pm
Where: Pan Am Pool 25 Poseidon Bay

Polar Bears

When: Wednesdays, 7:00 – 8:30 pm
Where: Cindy Klassen Recreation Complex 999 Sargent Avenue

Seals

When: Thursdays, 6:30 – 8:00 pm
Where: North End Centennial Pool 90 Sinclair Street

Stingrays

When: Thursdays, 8:00 – 9:00 pm
Where: Cindy Klassen Recreation Complex 999 Sargent Avenue

St. James Seals

When: Saturdays, 9:00 – 10:00 am and 10:00 - 11:00 am
Where: St. James Civic Centre 2055 Ness Ave

Track & Field

Bulldogs Track Club (additional \$35 fee)

When: Mondays & Wednesdays, 7:00 – 9:00 pm
Where: Max Bell Centre University of Manitoba

Navvies Track Club (additional \$35 fee)

When: Tuesdays & Thursdays, 7:30 – 9:00 pm
Where: Max Bell Centre University of Manitoba
Alternative Location - Daniel McIntyre Collegiate Institute - 720 Alverstone St

Roadrunners Youth Track Club (additional \$25 fee)

When: Saturdays, 9:30 – 11:00 am
Where: Max Bell Centre University of Manitoba
Alternative Location - Daniel McIntyre Collegiate Institute - 720 Alverstone St



Titans Performance

(additional \$25 fee)

When: Sundays, 10:00 – 11:30 am

Where: Max Bell Centre University of Manitoba

**Alternative Location - Daniel McIntyre Collegiate Institute -
720 Alverstone St**

Golf (Summer Only)

(additional \$50 fee)

Smackers

When: Mondays

Where: Shooters Family Golf Centre 2731 Main St

Special Tee Golf Club

When: Mondays

Where: Windsor Park Golf Course 10 Rue des Meurons

When: Thursdays

Where: Kingwood Golf Centre La Salle, MB

TEAM SPORTS

Basketball

(additional \$10 fee)

D'Bears

When: Tuesdays, 7:00 – 9:00 pm

Where: St. Paul's High School 2200 Grant Ave

Winnipeg Thunder

When: Tuesdays, 7:00 – 8:30 pm

Where: Marion School 619 Des Meurons Street

The Razorbacks

When: Wednesdays, 6:30 – 8:30 pm

Where: Ecole Leila North Community School 20 Allan Blye Drive



Bocce

Bocce Winnipeg – MLO League

When: Mondays, 6:30 –8:00 pm
Where: MONA LISA RESTAURANT (COURT alongside) 1697 Corydon Avenue

Kildonan Krashers

When: Mondays, 6:30 –8:00 pm
Where: Kildonan Park Pavilion 2015 Main Street

Curling

(additional \$25 fee)

Rock Solid

When: Sundays, 2:00 – 4:00 pm
Where: Fort Garry Curling Club 696 Archibald St

Hack Attack

When: Sundays, 12:00 – 2:00 pm
Where: Charleswood Curling Club 4000 Grant Ave

Floor Hockey

(additional \$10 fee)

Blue Devils Floor Hockey

When: Thursdays, 7:00 – 8:30 pm
Where: St. Paul's High School 2200 Grant Ave

Wise Guys Floor Hockey

When: Tuesdays, 7:00 – 8:30 pm
Where: Munroe Junior High School 405 Munroe Avenue

Soccer

(additional \$10 fee)

Winnipeg Wolverines

When: Mondays and Wednesdays, 6:30 – 8:00 pm
Where: Prince Edward School 649 Brazier Street

Softball

Goldeye Sluggers

When: Thursdays, 7:00pm – Dusk
Where: St. James Memorial Sports Park 470 Rutland Street

