



Last updated Oct. 21, 2020

## Winnipeg Region Program Guide

### Program Year: 2020 - 2021

#### Regional Registration Coordinator:

Janice Howe      204-612-7365      [specialo.winnipeg@gmail.com](mailto:specialo.winnipeg@gmail.com)

*\*If there is no note under the program, the program is able to run in 2020 - 21*

Program will be delayed starting up

Facility not available at present

Program currently not running. Check out our Alternate Program Options at the bottom of the guide.

**\*\*New Program Offerings are listed at the bottom\*\***

#### **ACTIVE START CLUB**

(2 - 6 year olds): An introduction to Special Olympics. Motor skill development through play.

##### Springers Active Start

**When:** Sundays, 8:30 – 9:30 am

**Where:** GymKids Gymnastics Club      421 Beaverhill Blvd

Starting Jan. 2021

##### Greenway Active Start

**When:** Wednesdays, 6:00 – 7:00 pm

**Where:** Greenway School      390 Burnell Street

Seeking new coach

#### **FUNDamentals CLUB**

(7 - 12 year olds): Clubs that focus on multiple sports and introduce the athletes to competition.

##### Winnipeg FUNDamentals

**When:** Wednesdays, 7:00 – 8:00 pm

**Where:** Marie-Anne Gaboury School      95 Pulberry Street



### **Transcona FUNdamentals**

**When:** Tuesdays, 6:30 – 7:30 pm

**Where:** Radisson School 1105 Winona School

Coach on leave until fall 2021

## **MULTI-SPORT CLUBS**

Clubs that train in multiple sports and compete in several competitions per year. Please see individual clubs for competitive sports.

### **YOUTH: 7-12 Years Old (additional \$10 fee)**

#### **EK Rascals** *Snowshoe, Track & Field*

**When:** Wednesdays, 7:00 – 8:30 pm

**Where:** Chief Peguis Junior High School 1400 Rothesay Street

#### **Spiders** *Basketball, Soccer, Track & Field, Snowshoe, Bowling*

**When:** Mondays, 7:00 – 8:30 pm

**Where:** Marie-Anne Gaboury School 95 Pulberry Street

### **ADOLESCENT: 13-21 Years Old (additional \$10 fee)**

#### **St. Vital Superstars** *Track & Field, Basketball*

**When:** Thursdays, 7:00 – 8:30 pm

**Where:** Lavallee School 505 St. Anne's Road

### **ADULT: 18+ (additional \$10 fee)**

#### **EK Eagles** *Track & Field, Snowshoe*

**When:** Thursdays, 7:00 – 8:30 pm

**Where:** Munroe Junior High School 405 Munroe Avenue

#### **St. Vital Olympians** *Track & Field, Basketball*

**When:** Mondays, 7:00 – 8:30 pm

**Where:** Glenwood School 51 Blenheim Ave

**Secondary Location: Windsor School, 80 Cunnington Ave**



## **SPORT CLUBS**

### **10 Pin**

**(weekly lane fees)**

#### **Laverendrye Lanes**

**When:** Saturdays, 9:30 am – 12:00 pm

**Where:** Laverendrye Bowling Lanes 614 des Meurons Street

### **5 Pin**

**(weekly lane fees)**

#### **Coronation Comets**

**When:** Saturdays, 12:30 – 2:30 pm

**Where:** Coronation Bowling Centre 255 Tache Avenue

#### **Bowling Stones**

**When:** Wednesdays

**Where:** Billy Mosienko Lanes 1136 Main Street

#### **Polo Park Pins**

**When:** Saturdays, 12:00 – 2:30 pm

**Where:** Polo Park Lanes 157-C Polo Park Shopping Centre

#### **Mosienko North Stars**

**When:** Wednesdays 7:00 – 9:30 pm

**Where:** Billy Mosienko Lanes 1136 Main Street

#### **Thunder Rollers**

**When:** Saturdays, 12:00 – 2:00 pm

**Where:** Billy Mosienko Lanes 1136 Main Street

#### **Uptown Rollers**

**When:** Saturdays 10:00 am – 12:00 pm

**Where:** Uptown Alley 1301 St. Matthews Ave

#### **Academy West "Acers"**

**When:** Saturdays, 10:00am – 12:00pm

**Where:** Academy West Lanes 479 Westwood Dr

Currently not running, but may restart in 2021



### **Mosienko All Stars**

**When:** Sundays, 10:30am – 12:00 pm

**Where:** Billy Mosienko Lanes 1136 Main Street

### **Powerlifting**

#### **Winnipeg Bar-Benders Powerlifting Club**

**When:** Saturdays, 10:30 am - 12:00 pm

**Where:** Highlight Reel Performance Unit 2 - 275 de Baets St

Currently not running, but may restart in 2021

### **Rhythmic Gymnastics**

#### **Sizzlers**

**When:** Sundays, 2:00 - 3:00 pm

**Where:** Ecole Sage Creek School 315 Sage Creek Blvd

#### **Streamers**

**When:** Wednesdays, 6:30 – 8:00 pm

**Where:** Stevenson-Britannia School 1777 Silver Avenue

#### **Kildonan Streamers**

**When:** Tuesdays, 7:00 – 8:30 pm

**Where:** Chief Peguis Junior High School 1400 Rothesay Street

### **Speed Skating**

**(additional \$75 fee)**

#### **Sargent Park Racers**

##### ***Ice Program (September/October - March)***

**When:** Sundays, 3:00 – 5:00 pm

**Where:** Sargent Park Arena 1111 Wall Street

##### ***Dry Land Training (September/October - March)***

**When:** Thursdays, 7:00 – 8:30 pm

**Where:** Prince Edward School 649 Brazier Street

##### ***Summer Training (May - September)***

**When:** Sundays, 1:00 – 3:00 pm & Thursdays, 7:00-8:30 pm

**Where:** River East Collegiate 295 Sutton Avenue

***\*Must be interested in skating and own a pair of skates.\****

Currently not running, but may restart in 2021



## **Alpine Ski**

**(additional \$50 fee)**

### **Team Edge**

#### ***October - December***

**When:** Wednesdays, 7:00 – 8:30 pm

**Where:** John Pritchard School 1490 Henderson Hwy

#### ***January - End of Season***

**When:** Wednesdays, 7:00 – 8:30 pm

**Where:** Springhill Winter Park Highway 59 & Floodway

## **Cross Country Ski**

**(additional \$20 fee)**

### **Trailblazers**

**When:** Mondays, 6:30pm – 8:00pm & Saturdays, 1:00pm – 2:30pm

**Where:** Windsor Park Nordic Centre 10 Rue Des Meurons

## **Snowshoe**

### **Blizzard**

**When:** Saturdays, 9:30 – 11:00 am

**Where:** Kildonan Park Pavilion 2015 Main Street

### **Assiniboine Snowshoe**

**When:** Saturdays, 10:00 - 11:30 am

**Where:** Assiniboine Park Duck Pond

## **Swim**

**(additional \$50 fee)**

***For safety reasons, athletes must be able to swim 25 metres consistently. Club will teach proper competitive swim techniques.***

### **Dolphins**

**When:** Mondays, 7:00 – 8:00 pm

**Where:** Transcona Pool 1101 Wabasha St



### **EK Sharks**

**When:** Mondays, 6:30 – 8:00 pm  
**Where:** EK YM-YWCA Pool 454 Kimberley Avenue  
Starting Jan. 2021

### **Master Swim Otters**

**When:** Mondays & Wednesdays, 8:00 – 9:00 pm  
**Where:** Pan Am Pool 25 Poseidon Bay

### **Polar Bears**

**When:** Wednesdays, 7:00 – 8:30 pm  
**Where:** Cindy Klassen Recreation Complex 999 Sargent Avenue

### **Seals**

**When:** Thursdays, 6:30 – 8:00 pm  
**Where:** North End Centennial Pool 90 Sinclair Street

### **Stingrays**

**When:** Thursdays, 8:00 – 9:00 pm  
**Where:** Cindy Klassen Recreation Complex 999 Sargent Avenue

### **St. James Seals**

**When:** Saturdays, 9:00 – 10:00 am and 10:00 - 11:00 am  
**Where:** St. James Civic Centre 2055 Ness Ave

## **Track & Field**

### **Bulldogs Track Club** (additional \$35 fee)

**When:** Mondays & Wednesdays, 7:00 – 9:00 pm  
**Where:** Max Bell Centre University of Manitoba

### **Navvies Track Club** (additional \$35 fee)

**When:** Tuesdays & Thursdays, 7:30 – 9:00 pm  
**Where:** Max Bell Centre University of Manitoba



**Roadrunners Youth Track Club**

**(additional \$25 fee)**

**When:** Saturdays, 9:30 – 11:00 am

**Where:** Max Bell Centre University of Manitoba

**Titans Performance**

**(additional \$25 fee)**

**When:** Sundays, 10:00 – 11:30 am

**Where:** Max Bell Centre University of Manitoba

**Golf (Summer Only)**

**(additional \$50 fee)**

\*Plan on running May - Sept 2021. Will reassess in Spring. Feel free to register now.

**Smackers**

**When:** Mondays

**Where:** Shooters Family Golf Centre 2731 Main St

\*Plan on running May - Sept 2021. Will reassess in Spring. Feel free to register now.

**Special Tee Golf Club**

**When:** Mondays

**Where:** Windsor Park Golf Course 10 Rue des Meurons

**When:** Thursdays

**Where:** Kingwood Golf Centre La Salle, MB

**TEAM SPORTS**

**Basketball**

**(additional \$10 fee)**

**D'Bears**

**When:** Tuesdays, 7:00 – 9:00 pm

**Where:** St. Paul's High School 2200 Grant Ave

**Winnipeg Thunder**

**When:** Tuesdays, 7:00 – 8:30 pm

**Where:** Marion School 619 Des Meurons Street



### **Razorbacks**

**When:** Wednesdays, 6:30 – 8:30 pm  
**Where:** Ecole Leila North Community School 20 Allan Blye Drive

### **Bocce**

#### **Bocce Winnipeg – MLO League**

**When:** Mondays, 6:30 – 8:00 pm  
**Where:** Mona Lisa Restaurant (court alongside) 1697 Corydon Avenue

\*Plan on running May - Sept 2021. Will reassess in Spring. Feel free to register now.

#### **Kildonan Krashers**

**When:** Mondays, 6:30 – 8:00 pm  
**Where:** Kildonan Park Pavilion 2015 Main Street

\*Plan on running May - Sept 2021. Will reassess in Spring. Feel free to register now.

### **Curling**

**(additional \$25 fee)**

#### **Rock Solid**

**When:** Sundays, 2:00 – 4:00 pm  
**Where:** Fort Garry Curling Club 696 Archibald St

#### **Hack Attack**

**When:** Sundays, 12:00 – 2:00 pm  
**Where:** Charleswood Curling Club 4000 Grant Ave

### **Floor Hockey**

**(additional \$10 fee)**

#### **Blue Devils Floor Hockey**

**When:** Thursdays, 7:00 – 8:30 pm  
**Where:** St. Paul's High School 2200 Grant Ave

#### **Wise Guys Floor Hockey**

**When:** Tuesdays, 7:00 – 8:30 pm  
**Where:** Munroe Junior High School 405 Munroe Avenue





## **Soccer**

**(additional \$10 fee)**

\*Plan on running May - Sept 2021. Will reassess in Spring. Feel free to register now.

### **Winnipeg Wolverines**

**When:** Mondays and Wednesdays, 6:30 – 8:00 pm

**Where:** Prince Edward School                      649 Brazier Street

## **Softball**

\*Plan on running May - Sept 2021. Will reassess in Spring. Feel free to register now.

### **Goldeye Sluggers**

**When:** Thursdays, 7:00pm – Dusk

**Where:** St. James Memorial Sports                      470 Rutland Street  
Park

## **ALTERNATE PROGRAM OPTIONS**

### **New Program Offerings**

#### **Walking Club North**

**When:** Mondays, 6:30-7:30 pm

**Where:** Red River Community Centre                      293 Murray Ave  
parking lot

#### **Walking Club North End**

**When:** TBD, 6:30-7:30 pm

**Where:** TBD, 6:30-7:30 pm

#### **Walking Club West**

**When:** Mondays, 5:30-6:30 pm

**Where:** Assiniboine Park @ the Duck                      55 Pavilion Crescent  
Pond

#### **Virtual Active Start & FUNdamentals**                      *(Ages 2 - 12)*

**When:** TBD

**Where:** TBD (Online)

**To sign up, contact Alexis Wolbaum at 204-925-5631**

## **Fitness Clubs**

Thrive Active

54 S Landing Dr, Unit 500 - 300, Oak Bluff

**To sign up, contact Alexis Wolbaum at 204-925-5631**

## **Athlete Leadership Program**

*Special Olympics Canada provides Athlete Leadership Programs, which equip athletes with the tools to undertake positions of leadership within their community and the broader movement.*

*This allows athletes to explore opportunities beyond sports training and competition. These leadership roles can include public speaking, being an athlete health advocate, being a part of an Athlete Input Council, being a Peer Mentor and taking on positions as Board and Committee Members.*

*\*Course order & date may change based on facilitator availability.*

*\*\* There will be a fee to register for each course.*

### **5-Course Series**

Starts on October 6, 2020	Health Messenger (8 x 1.5-hour weekly sessions)	Virtual
Saturday, December 12, 2020	Athletes on Input Councils & Committees	Virtual
Saturday, February 13, 2021	Peer Mentor	Virtual
Saturday, April 17, 2021	Media & Athlete Reporter	Virtual as of now; will reassess in Spring
Saturday, June 5, 2021	Athlete Speaker 1	Virtual as of now; will reassess in Spring

**Contact Lesley Camaso-Catalan at 204-925-5625 or by email at**

[lcamaso@specialolympics.mb.ca](mailto:lcamaso@specialolympics.mb.ca)