



Plank Results - Male

Name	Club	Score	Div	Place
Alec Baldwin	Bulldogs	4 min 24 sec	M1	1st
Josh Pereira	North End Seals	2 min 36 sec	M1	2nd
Eric Mattson	MSO	2min 18 sec	M1	3rd
Mark Teixeira	MSO	2 min 1 sec	M1	
Quy Nguyen	Bulldogs	1 min 56 sec	M1	
Stephen Rozniatowski	Navvies	60 sec	M2	1st
Timothy Jolicoeur	Spiders	60 sec	M2	1st
Darren Boryskavich	Russell Athletics	60 sec	M2	1st
Zander Grant	Spiders	50 sec	M2	2nd
Adam Wakeman	Bulldogs	45 sec	M2	3rd
David Cheyne	Dolphins, all stars	38 sec	M3	1st
Isaiah Simard	Russell Athletics	35 sec	M3	2nd

Liam Frain	MSO	31 sec	M3	3rd
William Hart	Wolf Ski	30 sec	M3	
Mark Parisien	Miles Mac	20 sec	M4	1st
David Moir	PP Pins, Thunder	14 sec	M4	2nd
Phillip Gamallo	FRC	10 sec	M4	3rd
Kevin Huska	Acadia Jr High	3 sec	M4	

Plank Results - Female

Name	Club	Score	Div	Place
Vesta Orchard	Navvies	4 min 1 sec	F1	1st
Shannon Ivey	Russell Athletics	47 sec	F1	2nd
Katie Sen	Springs Christian	42 sec	F1	3rd
Quinlan Roberts	North End Seals	30 sec	F1	
Brita Hall	Navvies	24 sec	F2	1st
Jemiha Hart	Wolf Ski	23 sec	F2	2nd
Sara Holmes	Portage Stampeders	17 sec	F2	3rd
Steph Holmes	Portage Stampeders	5 sec	F2	